

2016 FAMILY CAMP CONFIRMATION

MEMORIAL AND LABOR DAY RETREATS

FRIDAY Check-In Time:

6 p.m. - 9 p.m.

MONDAY Check-Out Time:

1 p.m.

PACKING LIST

What to Bring:

- Jeans and Shorts
- T-Shirts and Long Sleeved Shirts
- Pajamas, Underwear and Extra Socks
- Warm Jacket or Sweatshirt
- Hat and Rain Coat or Poncho
- Umbrella
- Modest Swimsuit and Sunscreen
- Tennis Shoes and Sandals
- Beach and Bath Towel
- Fitted Twin Size Sheet and Sleeping Bag
- Pillow and Case
- · Bath and Beach Towel
- Toiletries
- Labeled Laundry Bag
- Flashlight
- Water Bottle
- Spending Money
- · Insect Repellent
- Bible
- Notebook
- · Pens or Pencils
- Camera
- Beach Toys
- A Fan

What Not to Bring:

- Valuables
- Non-prescription or over the counter medications
- Gaming devices, iPods, MP3 Players, etc.

AUGUST FAMILY CAMPS

SUNDAY/THURSDAY Check-In Time:

3 p.m. - 5 p.m.

THURSDAY/MONDAY Check-Out Time:

12 p.m.

ADDITIONAL INFORMATION

Account Balance:

Full payment is due upon arrival at camp.

Recommendations:

- We do not have strollers, play pens, or porta-cribs.
 Please feel free to bring your own.
- Most camp mattresses take twin-size sheets. Shalom House has two twin beds in each room that can be pushed together to form a king.
- Some families like to give their babysitter a thank you gift for their services during the weekend/week. If you would like to do this, we have store gift certificates available in the office for purchase.
- Placing toiletries in a bag or plastic caddy makes it easy to travel to the showers and reduces the risk of spilling.

Activities:

- While most of the activities at family camps are of no additional charge, a few cost extra (Paintball, trail rides, tubing, water skiing and wakeboarding are \$12). You will also have many opportunities to visit the craft shack, store, Soda Fountain, and canteen (Prices range from \$.50-\$40).
- Trail rides and pony rides are not available at the Memorial Day Retreat.

HEALTH INFORMATION

A Health Form and a Waiver of Liability are required for all campers. If you have not already done so, please login to your account and complete the Adult Health Form, Youth Health Form, and/or Waiver of Liability. These are located for each person individually under his/her "Forms" section. If you do not know your login information or would like to request a paper copy of the forms, please call the Trout Lake Camps office at 218.543.4565 — we are happy to help!